Holley Central School Athletic Department

"Home of the Hawks"



Parent – Student Athletic Handbook

Revised, Spring 2023

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WELCOME TO HOLLEY ATHLETICS!

Dear Students and Parents,

Welcome to the Holley Central School District Interscholastic Athletic Program. This handbook has been developed to explain the values, philosophies, rules, procedures, and understandings that are the foundation of an educational and safe interscholastic program.

Parent and student athletes should read this handbook carefully. Since it contains information that is important throughout a sport season, it should be kept close at hand for future reference.



When student athletes choose to participate in an athletic program at Holley, their families are committed to certain responsibilities and obligations. When parents take an active role in their sons' and daughters' efforts in interscholastic athletics, they ensure an enjoyable, educational and successful experience.

Holley is a member of the New York State Public High School Association (NYSPHSAA) as a Class C school in Section V and our teams compete in the Genesee Region League.

If there is anything we can do to make your participation in our athletic program a more successful experience, please feel free to contact us.

Sincerely,

Daniel Courtney Director of Athletics (638-6316, x 5503)

Kaitlyn Andrews Assistant to the Athletic Director (638-6316 x 5500)

Matt Feldman High School Principal (638-6316, × 5505)

General Guidelines and Procedures

PRINCIPLES OF THE ATHLETIC PROGRAM

Interscholastic athletics at Holley Central Schools is a component of the physical education program and therefore an integral part of the district's total education program. A high quality athletic program is important to our students, school, and community. Athletics should be a broadening experience in which athletes striving for physical and mental excellence create harmony of mind-body functions. A well-coordinated program is vitally important to the morale of the school community.

Students who participate in athletics should realize they have an obligation to themselves, their co-participants, and the school community to strive for excellence. Everyone involved in athletics possesses a unique opportunity to teach and learn positive life skills and values. Student athletes need to develop desire, dedication, and self-discipline in order to ensure the commitment and personal sacrifice required by athletes. Winning games has often been considered the measure of success; however, the number of victories is only one criterion that determines a season's success. Guiding the team to attain maximum potential is the ultimate goal.

Working toward a common goal involves maximum performance and consistent effort. Each level of our athletic program develops a certain outcome for each participant.

NOTE: The following competitive situations are limited in size and a space. As a result, cuts may occur at all levels; however, each individual will be given an equal opportunity to compete for a roster spot.

Varsity competition is the culmination of each sport's program. Normally, seniors and juniors make up the majority of the roster. Occasionally, sophomores and freshmen may be included in the team providing they demonstrate physical development, athletic skill, and the appropriate social-emotional development required of Varsity athletes. On occasion, a Middle School student (grades 7 & 8) may be included on a Varsity roster if he or she meets the criteria (Athletic Placement Process (APP)) established by the New York State Public High School Athletic Association.

Squad size at the Varsity level may be limited depending upon the sport. It is important that each squad member recognizes and accepts the role that they will serve on the team. The number of roster positions is relative to the student's acceptance of their individual roles in pursuit of the team goals. While contest participation over the course of a season is desirable, a specific amount of playing time at the Varsity level is never guaranteed.

A positive attitude and advanced level of skill are prerequisites for a student athlete to earn a position on a Varsity team, as is the realization that a Varsity sport requires a six-days-a-week commitment. This commitment is often extended into vacation periods for all sport seasons. While contests and practices are rarely held on holidays and Sundays, athletes should take seriously the dedication and commitment needed to participate in a successful Varsity program.

The Varsity coach is the leader of that sport's program and determines the system of instruction and strategy for that program. The communication among the Modified, Junior Varsity, and Varsity programs is the responsibility of the Varsity coach. Preparing to win, striving for victory and sportsmanship in each contest, and working to reach the group's and individual's maximum potential are worthy goals of a Varsity level team.

Junior Varsity competition is for student athletes in grades 9 and 10 who have the potential to develop into productive Varsity level performers. A junior who is expected to make contributions at the Varsity level in the future as a senior may be considered for Junior Varsity participation. As previously noted, Middle School students who have satisfied all selection classification requirements may participate in this program.

At this level, athletes are expected to demonstrate their commitment to the athletic program, their teams, and their won self-development. To this end, coaches emphasize physical conditioning, refinement of fundamental skills, elements and strategies of team play, and social-emotional development. Junior Varsity programs work toward achieving a balance between team and player development and striving for victory. The outcome of the contest becomes a consideration at this level.

A major premise of Junior Varsity athletics is that practice sessions are important to successful Junior Varsity teams and players. All team members experience meaningful participation over the course of a season; however, athletes are not guaranteed a specified amount of playing time. Participants at this level are preparing themselves for the sixdays-a-week commitment that is expected at the Varsity level. While contests and practices are rarely held on holidays and Sundays, practice sessions are sometimes scheduled during school vacation periods. A high level of dedication and commitment is expected from the student athletes at the Junior Varsity level whose goal is to become a Varsity athlete.

Modified competition occurs at the **7**th **and 8**th **grade level.** The number of teams and sizes of the squads in any sport will be determined by the availability of 1) financial resources, 2) qualified coaches, 3) suitable indoor or outdoor facilities, and 4) a safe environment. At this level, it is not our policy to cut student athletes; however, if the number of students who try out for a team creates a situation that is difficult to manage, poses a safety problem, or is problematic because of facility considerations, it may be necessary to reduce a team's size. Team members will have the opportunity to participate meaningfully on contests throughout the season.

Practice sessions are vital to the development of the adolescent athlete and team. The New York State Public High School Athletic Association publishes regulations by which practice sessions are governed. Occasionally, a practice or contest may be rescheduled for Saturdays.

Exceptional seventh and eighth graders may be permitted to try out for a Junior Varsity or Varsity team under the State Education Department Program called Selection Classification. Athletes must meet certain criteria including parental approval, medical approval, appropriate developmental rating, athletic performance test scores, and the coach's skill evaluation. Additionally, students must display an advanced degree of social-emotional maturity before team membership is granted.

APP / Selection / Classification Program (Gr. 7 & 8)

- The Athletic Placement Process (APP) is a process for screening students to determine their readiness to compete in interscholastic athletic competition by evaluating their physical maturity, fitness and skill. An athlete may not try-out until the entire process has been completed.
- This program was designed for mature, exceptional skilled students to advance to an upper level. It is aimed at the few select students who can benefit from such placement because of their level of readiness.
- Normally, a student is eligible for senior high school athletic competition in a sport during each of four consecutive seasons commencing with the student's entry into ninth grade. However, by satisfying the requirements of the Selective Classification Program, a student may receive extended eligibility to permit:
 - Participation during five consecutive seasons in the approved sport after entry into eighth grade
 - Participation during six consecutive seasons in the approved sport after entry into seventh grade
- Athletic Placement Procedures:
 - The Athletic Director receives a recommendation for a particular student-athlete to be considered for the selection classification program. The recommendation must come from the coach of that particular sport.
 - The coach will then contact the parents/guardians of the student-athlete to explain the program in detail.
 - The student-athlete then receives a parent permission form to be signed and returned to the School Nurse.
 - The School Nurse will set a date for the student-athlete to meet with the School Physician. The examination by the Physician will help determine the maturity level of the student-athlete.
 - Once the School Physician determines the maturity level, a physical education teacher will administer the battery of physical tests that are required by the program.

 The student is allowed to try out for the sport and the level requested or the student must return to the modified level of competition.

Benefits of Conditioning and Nutrition

In order to approach peak performance in athletics, student-athletes, parents, and coaches need accurate information on how to properly fuel and nourish the body. The athletic department, on an ongoing basis, will emphasize the following dietary guidelines.

- Eat more complex carbohydrates
- Eat moderate amounts of protein
- Eat less high fat foods
- Always stay well-hydrated especially in hot weather
- Maintain a healthy body composition and avoid quick weight loss
- Replace carbohydrates used for energy during training and competition
- Eat an appropriate pre-practice, pre-condition meal
- Do not use nutritional supplements or performance enhancers

A well conditioned team is usually a successful team. Developing lifelong habits to improve or maintain cardiovascular endurance, muscular strength, endurance and flexibility is an important goal for anyone involved in our program.

Participation Regulations

Summary of the N.Y.S.P.H.A.A. Eligibility Rules

- If they are a high school student in regular attendance in grade 9, 10, 11, or 12 and taking four subjects plus physical education.
- If the age of 19 years is reached on or after July 1, the student may continue to participate during that school year in all sports.
- If their parents and doctor approve.
- If they have not played more than four consecutive sports seasons after first entering grade 9.
- A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents shall become eligible after starting regular attendance in the second school.
- A student who participates in any unapproved all-star contest shall be ineligible to compete in interschool athletics in all sports for a period of one year from the date of such participation.
- If they have not played or practiced with a college team.
- If they are an amateur and have never used their athletic skill for gain, (received a payment of any form) and if they have never competed under an assumed name.
- If they are familiar with the rules of the game and the standards of sportsmanship.
- If the student-athlete has the appropriate amount of practices prior to a scrimmage/game.
- Student-athletes must compete in a minimum amount of contests to be eligible for post-season play.
- Student-athletes that represent Holley Central School can only compete in N.Y.S.P.H.A.A. sanctioned interscholastic contests.

Athletic Physical Examinations

- Athletic physical examinations must be completed by the School Physician or his/her own physician before a student is allowed to try out or participate in any interscholastic sport.
- The sports physical is valid for one calendar year from the date the examination is given.
- In addition to a valid physical, a Sports Candidate Questionnaire/Health History Form must be completed online at FamilyID.com and signed electronically by the student's parent/guardian before the beginning of the each season.
- If the student does not have an athletic physical exam done by the School Physician, the student must have the Holley Athletic Physical Form completed by his/her own physician at his/her own cost and returned to the School Nurse before he/she may try out for any team.
- All student-athletes restricted by a Physician (office or hospital emergency room) must:
 - a) Obtain a signed release statement from a Physician before they may resume participation
 - b) File this release with the School Nurse and updated on FamilyID.com

Parent Responsibilities

- Before the beginning of the season, each coach will have pre-season meeting for anyone interested in playing that sport. Parents must use online registration at FamilyID.com to register their child. The coaching staff will schedule a pre-season parent meeting. Parents are strongly encouraged to attend these meetings. General and sport specific rules and expectations will be clearly defined. A game and practice schedule will also be provided. This meeting hopefully will insure open and appropriate communication.
- If a parent cannot attend the pre-season meeting, then an appointment will be set up with the coach. An athlete will not receive his/her uniform until the parent and athlete meeting has been completed.
- In order for the athlete to continue participation, the athlete and parent need to digitally sign and agree online to he athletic handbook.
- The coach may have a sport-specific set of rules and expectations that need to be signed by the parent and the athlete.
- We expect the parents to assist the school district in enforcement of all the rules of the state, section, league, and school.

Parent/Coach Communication

- Communication You Should Expect From Your Child's Coach
 - His/Her philosophy of coaching
 - His/Her expectations for your child and the team
 - All locations and times of practices and contests
 - Any team requirements such as fees, special equipment, etc
 - Procedures to follow if your child is injured during participation
 - Discipline that could result in the denial of your child's participation
- Communication Coaches Should Expect From Parents
 - Any concerns should be expressed directly to the coach
 - Notification well in advance of any scheduled conflicts
 - Specific concerns with respect to the philosophy and/or expectations of the coach
- Appropriate Concerns To Discuss With a Coach
 - The mental and/or physical treatment of your child
 - Ways to help your child improve

- Concerns about your child's behavior
- Issues that are Inappropriate to Discuss with a Coach
 - Playing time
 - Team strategy
 - Play calling
 - Other student athletes
- Procedure to Discuss a Concern With a Coach
 - The athlete should attempt to contact the coach to resolve the situation. The student can call to set up an appointment.
 - If a resolution is not reached, a parent/guardian should contact the coach to set up an appointment with him/her.
 - If the coach cannot be contacted, call the Athletic Director at 638-6316, x 5503to help in arranging a meeting.
 - Do not attempt to meet with a coach before or after a practice or a contest.
 Meetings at those times seldom result in a resolution.

Chain of Command

If there are any problems that arise or if you have any concerns, parent or athleteare to contact the Head Coach first. The Head Coach will notify the Athletic Director. The Athletic Director will address and meet with the Building Principal. The Building Principal and Athletic Director will meet with the Superintendent of Schools. The Superintendent will then address the Board of Education on any matters that need to be resolved.

NOTE: It's always best to follow the "24 hour rule"! If a problem arises and a discussion is needed, the parent or guardian must not approach the coach following a practice, game, event or contest for 24 hours. A cool down period is mandatory for the sake of all.

Sports Information

Visit <u>www.holleycsd.org</u> for the school website. Visit <u>www.sectionv.org</u> for all Section 5 sport information. Visit <u>www.nysphsaa.org</u> for all New York State sport information.

High Expectation for Student Athletes

Sportsmanship/Fairplay for Athletes & Parents

The Holley Central School district is committed to promoting the proper ideals of sportsmanship, ethical conduct and fair play at all sports activities. We will oppose instances and activities which run counter to the best values of athletic competition in order to ensure the well-being of all individual players. We will expect acceptable standards of good citizenship and propriety with proper regard for the rights of others.

We are further committed to the belief that schools participating in interscholastic athletic activities should be held responsible for the conduct of their players, coaches, faculty members and spectators. Conduct which is detrimental to the educational value of athletic activity may be deemed just cause for the schools to reprimand the person(s) involved.

Team members, students and adult spectators are expected to act well mannered. The visitors, in turn, are to act as invited guests, using the home school's facilities with care and respecting the rules and customs of the home school. When Holley is at another school, we are to act in the same good manner.

Officials are the proper authorities to make decisions regarding rules and their interpretation. These decisions should be accepted.

Spectators, student-athletes and coaches must recognize that their conduct plays an important role in establishing the reputation of their school and their positive actions can relate directly to the success of their teams.

Failure to adhere to the **Conduct and Expectation for Athletes, Students and Spectators** could result in appropriate disciplinary action.

N.Y.S.P.H.A.A. Code of Ethics

It is the duty of all concerned with high school athletics:

I) To emphasize the proper ideals of sportsmanship, ethical conduct and fair play.

2) **To eliminate** all possibilities which tend to destroy the best values of the game.

3) To stress the values derived from playing the game fairly.

4) **To show** cordial courtesy to visiting teams and officials.

5) **To establish** a happy relationship between visitors and hosts.

6) **To respect** the integrity and judgment of the sports officials.

7) **To achieve** a thorough understanding and acceptance of the rules of the game and standards of eligibility.

8) **To encourage** leadership, use of incentive, and good judgment by the players on the team.

9) **To recognize** that the purpose of athletics is to promote the physical, mental, moral, social, and emotional wellbeing of the individual players.

10) **To remember** that an athletic contest is only a game.... not a matter of life and death for player, coach, school, official, fan, community, state or nation.

Holley Central School Student-Athlete Athletic Regulations

- 1. All participants will be governed by the regulations set forth by the New York State Public High School Athletic Association, Section Five, Genesee-Region League, and the Holley Central School District.
- 2. In order for the student athlete to be eligible to participate in practice sessions and regularly scheduled contests, he/she must be in regular attendance on the day of a practice or a contest. Legal excuses may constitute an excused absence.
- 3. Squad members are to be expected to be present at every practice session called by the coach. **EXCEPTIONS:** 1) absence from school, 2) excused by the coach, 3) excused from school, 4) sickness. The coach of that sport may suspend squad members who cut practice.

5. If a member quits a team, he/she has 48 hours to personally ask the coach for reinstatement The coach may use his/her discretion in dealing with the situation.

- 6. Squad members MUST ride the bus provided for them to all contests. Any deviations from this regulation must be presented in writing to a building administrator and approved prior to the scheduled contest. (Alternative return trip transportation may be arranged in writing by parent/guardian with the coach if the athlete is to be released directly to his/her parents and the athlete will be riding with his/her parents.) Any squad member in violation of this may be suspended from the team for the remainder of the season.
- 7. Each squad member shall be responsible for all equipment and uniforms issued to them and for its proper care and maintenance.
 - A. All lost or damaged equipment will be paid for.
 - B. The athlete will not be permitted to participate in any other sport until the obligation is fulfilled.
- 8. A coach may suspend a team member for unsportsmanlike conduct on and off the playing surface. Example of this are: fighting, hazing, harassment, abusive language and abusive acts directed to officials, opposing team members, spectators and any one involved in the contest or practice. Any team member causing damage to property of the Holley Central School or at any away site will be directly responsible for the damage involved as per the Holley Central School Code of Conduct.
- 9. All student athletes must know and follow the Academic Eligibility Policy (pgs. 17-18).

10. All team members must obey the Athletic Dress Code Policy (pg. 19).

II. General information: All athletes should promote athletics at all times, every day, and every place. They should report any and all injuries to the coach. If they fail to do this you will not be covered by insurance. All members should conduct themselves as ladies/gentlemen at all times. There will be no food eaten on the bus. On away trips, the bus is scheduled to leave at a certain time. It will leave at that time and will not wait. If a member of the team fails to be on time and the bus leaves, he/she will not compete.

<u>Hazing</u>

Hazing in any form, including initiation, which is degrading, is strictly forbidden by NYS law. No student(s) shall conspire to engage in hazing, participate in hazing, or commit any act that causes or is likely to cause bodily danger, physical harm, personal degradation or disgrace, resulting in physical or mental harm to any fellow student or other person. It is understood that hazing of any kind is not allowed in our school or in athletics. It is further understood that we have a duty to report any acts of hazing we see or know of to a coach or administrator and participation in or failure to report any hazing will result in a disciplinary review and possible suspension and dismissal from the athletic program.

<u>Internet</u>

Student-athletes will be held accountable for their actions displayed over internet/social media. Disciplinary action may be taken for inappropriate online posts or electronic messages. Anything an athlete posts online is public and can't be taken back. When in doubt, do not post. Negative posts can tarnish the image of teammates and/or coaches. If there is a complaint or problem, talk with the coach or other appropriate school personnel.

Suspension

If a student-athlete is out of school suspended, he/she is ineligible to participate in practices or contests for the duration of the suspension. If a student athlete is out of school suspended for a second incident they are out of athletics for the season.

Violations and Appeal Procedures

- The importance of enforcement of all regulations should be apparent. A firm and fair policy of enforcement is necessary. The community, school administrators, and the coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. It is our intent to preserve rules that reasonably pertain to the health and safety of the individual and to the orderly conduct of sports.
- In the event an athlete is found in violation of these previously mentioned standards, the coach will initiate a written conduct report. A copy will be forwarded to the Athletic Director and the coach will inform the student-athlete's parent(s). Disciplinary actions will range from a warning, suspension from the team, or dismissal from the team.

Upon notification of a violation, the athlete may appeal the ruling through the following levels:

- I. The coach that issued the conduct report
- 2. The Director of Interscholastic Athletics
- 3. The High School Principal
- 4. The final step of the appeal is the Superintendent of Schools

Note: All suspensions may carry over to the next season and/or school year.

Important In-Season Information

Practice/Game Attendance and Team Transfer

Every athlete is expected to participate for a complete season. All teams need a full squad for practice. The student athlete must make all practice sessions and athletic contests, including practices and contests which may occur on Saturdays, holidays, and over school vacations. If an athlete elects to leave one sport during a season to start another, the Athletic Director and both coaches involved must first approve the move.

Family Vacation

- When parents and student-athletes choose to take family vacations during sports seasons, it must be understood that time missed by the athlete may affect the team chemistry and personal conditioning.
- Student-athletes who miss practices or competition for any reason may have their position or playing time adjusted.

Quitting a Team

If a member quits a team, he/she has forty-eight hours to personally ask the coach for reinstatement. It is up to the coach if the student will be allowed back on the team.

Dismissed from a Team

If a student-athlete is dismissed from a team for disciplinary reasons, he/she cannot join another team within the same season. The student-athlete and parent may appeal to the Athletic Director.

Transportation

- Student-athletes must use school transportation when traveling to and from an away contest.
- A student-athlete who misses a scheduled bus for an away athletic event may not be permitted to participate in that event.
- Alternative return trip transportation may be arranged in writing by a parent/guardian with the coach if the athlete is to be released directly to his/her parents <u>and</u> the athlete will be riding with his/her parents.
- Student-athletes, in extenuating circumstances, may seek permission to go to a game with their parents or an approved family member. A letter must be written by the parent/guardian and signed off by the Building Principal.
- Student-athletes in extenuating circumstances may seek permission to ride home from a game with another parent/guardian. A letter must be written by the parent/guardian and signed off by A building administrator

Risk Factors, Illness, Injury, and Legal Excuses

- Participation in sports involves a certain degree of risk for injury. Before going out for the team, we want athletes and parents to be aware of the risk so everyone will be better able to reduce the chance of injury. Pre-season conditioning, learning the skills and techniques, knowledge of the rules, and safety factors will help to reduce the risk of injury and to improve the occurrence of a healthy season.
- All injuries must be reported to the coach immediately. On the first day back to school following any injury, the student-athlete must report to the School Nurse. The coach present at the time of the injury must contact the parents and make out an accident report as soon as possible in order that the facts are clearly in mind when recorded. Any injury requiring a visit to a Physician or emergency room must be reported to the School Nurse, Athletic Director, and Building Principal as soon as possible. <u>ALL</u> medical expenses incurred from any school injury must be submitted to the family's primary insurance carrier, and anything not covered is the parents' responsibility.
- If medical attention is required, a written Physician's approval to return to practice must be submitted to the School Nurse prior to participation.

Physical Education Participation

If the student-athlete does not participate in phys-ed, he/she will not be able to participate in either practice or a game that day..

Issuing of Equipment/Uniforms

- It is the responsibility of all student-athletes to return to the coach all clothing and equipment issued to them during the season. Failure to do so will result in the student-athlete paying for the missing articles.
- Student-athletes not paying for the missing or damaged articles will forfeit their right to participate in the next sport season to and/or be eligible for any certificate or letter.
- A list of all violators will be sent to the Athletic Director's office and forwarded to the Building Principal and Business Administrator.

Outside Participation

- The N.Y.S.P.H.S.A.A. allows outside participation in other athletic clubs.
- Holley student-athletes must understand that commitment to the school team takes precedence over outside participation. Club participation should not be detrimental to an individual or the team.
- There may be circumstances where a student-athlete should not participate in an outside activity due to the possible effect on the team.
- A student-athlete should not participate unless he/she checks with the Holley Central School coach first.

Substance Abuse Policy

Those students who violate the "Substance Abuse Policy" shall be subject to discipline that may include permanent removal from participation in Holley athletics. Additionally, the Holley School District, hopes to decrease peer pressure to use controlled substances on students participating in athletics.

I. Definitions

A. <u>Controlled Substances:</u> These include, but are not limited to; alcohol, tobacco (including smokeless tobacco), vaporizers, electronic cigarettes, opiates, opium derivatives, stimulants, steroids, hallucinogenic substances, cocaine, cannabis, synthetic equivalents of the substances that have a depressant effect on the central nervous system, and drug paraphernalia. Excepted from this definition are any medications specifically prescribed for a student's use by his/her own doctor.

II. Seasons

The athletic season extends from the first day of tryouts to the last day of competition for that sport.

III. Commission of a Controlled Substance Violation

A. A participant shall not use, consume, possess, transmit, or sell any controlled substance.

IV. Determination of Violations – Student's Right to Due Process

- A. When there is reasonable cause to believe that a student has violated this policy by committing any of the above acts, an investigation will be conducted by the Athletic Director or other appropriate school administrator.
- B. As a part of the investigation process, the student will receive written notice of the allegation that he/she violated the policy, and will be given an informal hearing with the investigator. Parents/guardians and the head coach are also encouraged to attend this hearing.
- C. At the hearing, the reasons for possible suspension from activities will be stated, and the student will be given an opportunity to provide evidence to refute those reasons.
- D. The investigator may determine a violation of the policy has occurred from examination of the facts, information, or evidence from any of the following sources:
 - 1. Direct observation by an adult of a student possessing, using, or distributing controlled substances;
 - 2. Self admission by the student to a coach or appropriate school administrator;
 - 3. Notification of school authorities by the student's parent or guardian;
 - 4. A criminal charge involving the possession, use, or distribution of controlled substances.

E. Appeals

- 1. Students shall abide by all other terms of their suspension until a final determination is made regarding their appeal.
- 2. A student may appeal the determination that he/she has violated this policy and/or the penalty imposed by filing a written request with the principal within ten (10) days of the date the determination is made. The request for an appeal must clearly state the reasons why the review is being requested. The review will be an informal meeting of the student, parents/guardians if desired, and a panel consisting of the principal, athletic director, and head coach. The panel will issue a written decision within five (5) school days of the date of the review.
- 3. If the student's appeal to the panel is not successful, the student has the right to appeal to the Superintendent within ten (10) days of the date the determination is made. The request for an appeal must clearly state the reasons why the review is being requested. The Superintendent will issue a written decision within five (5) school days of the date of the review. The decision of the Superintendent is final.

V. Penalties

- A. First Violation*
 - 1. The participant shall be suspended for 50% of the sport season from participating in any game, contest, competition, or event.
 - 2. In the event that a student self-reports the violation, either voluntarily or upon being questioned by a coach, athletic director or administrator, the suspension will be reduced to 25% of the season/semester.
 - 3. If a police citation is given related to the use of controlled substances, the student must self-report within 72 hours of the citation, or when questioned by a school official if less than 72 hours have elapsed, for the reduction in suspension to be granted.
 - 4. For controlled substance violations, the student must also attend a controlled substance education program approved by the school district before he/she is eligible for reinstatement. The cost of the program will be borne by the participant and/or his/her parents. Failure to complete the program will result in continued suspension from activities.
 - 5. Students must attend all practices and contests while suspended. Failure to do so will result in continued suspension from activities.
 - 6. When the full penalty cannot be imposed, the remaining portion of the suspension will be carried over and served during the next sport participated in by the student.
 - 7. A participant must conclude the season/semester with any activity that is used to finish a penalty from a previous season/semester. Failure to complete the activity will result in the penalty being carried over to the next activity participated in by the student.
 - 8. When a student commits a violation during the school year during a period of time when he/she is not involved in any sport, the violation will be recorded but no punishment rendered. However, when the student subsequently becomes involved in a sport, the student will begin the activity with one violation on his/her record. The first violation that occurs while involved in a sport will then automatically be treated as a second violation. If a student commits two or more violations while not involved in a sport, or as a combination of outof-season and in-season violations, the student will have two violations recorded on the record as he/she enters a new activity. A subsequent in-season violation will result in the offense being treated as a third violation.
- B. Second Violation
 - 1. A participant who commits a second violation shall be suspended from all participation in athletics for one calendar year from the date it is determined that a second violation occurred.
 - 2. In addition, for a second alcohol or drug violation, the participant must undergo a drug and alcohol assessment program approved by the school district, comply with the recommendations of the professional conducting the test assessment, and provide documentation of the assessment and compliance with the recommendations in order to be eligible for reinstatement at the end of the calendar year.
- C. Third Violation

1.

- A participant in grades 9-12 who commits a third violation shall be suspended from participation in athletics for the remainder of his/her high school career.
- D. Accumulation
 - 1. Penalties accumulate in grades 9-12. A student who has committed one or more controlled substance violations as defined in this policy in grades 7-8, or transfers in from another school district with a record of having violated any policy prohibiting the use, possession, or distribution of controlled substances will enter grades 9-12 with one violation on his/her record.

*First violation for non THC vaping will be a meeting with coach and the Director of Athletics. The second vaping violation will start on step 1.

VI. Reinstatement

- 1. A student who has completed an approved treatment program and provides a recommendation from that treatment program that the student has successfully completed the program and is unlikely to use controlled substances in the future may apply for reinstatement of eligibility following a third violation.
- 2. This application for reinstatement must be submitted in writing to the principal no less than two calendar years from the date of the suspension.

Directions to Genesee Region League Schools

Alexander – Take Route 237 south. Turn west on 31A. Go south on Route 98, keep going south on Route 98 until the four corners in Alexander. Go west on Buffalo Street. The school is on left hand side. Approximate time by car is 45 minutes.

Attica – Take Route 237 south. Go west on Route 31A. Go south on Route 98. Go thru Alexander continue on Route 98. Continue to the center of Attica then go left on Main Street. The school is on right hand side. Approximate time by car is 51 minutes.

Byron-Bergen – Take Route 237 south all the way to Byron and turn west on Route 262. The school is on right hand side. Approximate time by car is 20 minutes.

Elba – Take Route 237 south. Go west on Route 31A. Take 31A to Route 98. Go south on Route 98. Enter the Village of Elba. The school is on right hand side. Approximate time by car is 23 minutes.

Kendall – Go north on Route 237. Turn west on Route 104. Then go north on Route 237. Turn east on Route 18. The school is on left. Approximate time by car is 9 minutes.

Lyndonville – Go north on Route 237. Turn west onto Route 104 continue on 104 until you reach Route 63 north into the Village of Lyndonville turn west on Housel Avenue. The school is on left hand side. Approximate time by car is 33 minutes.

Notre Dame – Go south on Route 237. Then go west on Route 31A. Turn south on Route 98 then right on Union Street. The school is on left hand side. Approximate time by car is 28 minutes.

Oakfield-Alabama – Go south on Route 237. Then go west on Route 31A. Go south on Route 98 thru the Village of Elba and turn west on Route 262. Takes you into the Village of Oakfield. Turn north on Main Street. The school is on right. Approximate time is 36 minutes.

Pembroke – Go south on Route 237. Then west on Route 31A take this all the way to Route 63 go south on 63 which turns into Route 77. Keep going south cross over the thruway and the school is on the left, about a mile and a half from thruway. Approximate time by car is 39 minutes.

When the Season Ends

Athlete Recognition

All awards will be in accordance with the requirements of the N.Y.S.P.H.S.A.A, Section V, the Genesee Region League, and Holley Central School.

- If possible, all awards will be presented at the completion of the sports season during the end-of-season Awards Night Program or separate team banquet. Any sport banquets will be held at a facility that will not allow smoking and alcohol consumption.
- All parents and athletes are encouraged to attend the Award Night Program or Banquet.
- Athletes must finish the season to be eligible for awards.
- Junior Varsity or Varsity letters, sport pins, service bars, or certificates.
 - Any student having outstanding debts for equipment (lost or stolen) will not receive an award or letter until all debts are paid.
 - Student-athletes who violate school rules may hurt their chances of earning a post-season award or honor.
 - An athlete who would have earned awards but was injured and could not complete the season may still earn awards if the coach feels it is justified.

Special Awards

Each Varsity sport has a <u>Most Valuable Player Award</u>, a <u>Sportsmanship Award</u>, and a <u>Most Improved</u> <u>Player Award</u> that is presented to the individual selected by his/her teammates and/or coach following the season.

Each Varsity sport has a <u>Scholar Athlete Award</u> that is presented to the athlete maintaining the highest grade point average during the sport season.

Each JV sport has a **Most Promising Player Award** that is presented selected by his/her teammates and/or coach following the season.

Being selected to the <u>Genesee Region All Star Team</u> or honorable mention is an honor bestowed on outstanding athletes in the Genesee Region League. The selection process is written in the by-laws of the Genesee Region League constitution. All League Honors are presented following the season. Genesee Region All-Star recipients receive a certificate.

N.Y.S.P.H.A.A. Scholar-Athlete: This award is given to the team with a specific percentage of student/athletes that maintains a 90% Grade Point Average or better during their respective season.

<u>Genesee Region League Championship</u>: The Genesee Region League presents an award to the team that wins the League championship. The League will issue a certificate to each member of the team.

<u>Section 5 Awards:</u> Section 5 has several team and individual awards issued to the teams who win the Class Tournaments and for the individuals winning individual Class Titles.

New York State Awards: New York State issues team and individual awards for the teams and individuals earning All State Honors.

Additional Awards:

Stan Sherwood Award Genesee Region Award Graduation Awards

ACADEMIC ELIGIBILITY POLICY Policy 7270 Students

SUBJECT: ACADEMIC ELIGIBILITY POLICY 2012 - 2013

Holley Central School recognizes the importance of academic preparation as the primary function of the school system. Participating in extracurricular activities and interscholastic athletics is also important to the development of the total individual. The Academic Eligibility Policy is an attempt to provide a positive opportunity to encourage students to fulfill their academic responsibilities while participating in extracurricular activities.

At the end of each five week marking period, grades are reported to the office. Eligibility will be based on the grades for that marking period. Students who fail more than one subject the fourth quarter of the prior year will begin the school year on probation. Students who are failing more than one subject at the end of the first or any subsequent 5- week marking period will be on probation or will be ineligible.

Student pass privileges from study halls and lunch will also be granted based on the probation/ineligible list. Students who are failing more than one subject at the end of the 5 week periods will not have pass privileges until the study hall teacher can verify, daily if necessary, that the students' grades are currently passing.

PROCEDURES AND RESPONSIBILITIES

- 1. All practices begin at 2:45 PM
- 2. If in Academic Study Hall, students will report to practice @ 3:05 PM, unpenalized.
- 3. Non-athletic clubs begin at 2:30 PM.
- 4. At the end of each 5 week period, grades are reported to the office.
- 5. Students who are failing more than one subject at the end of the first or any subsequent 5 week period will be on probation or will be ineligible.
- 6. Students must carry 5.5 credits of coursework.
- 7. At the completion of a grading period, a list of all students with 2 or more failures will be generated and distributed to all faculty and staff.
- 8. For students, participation in the first quarter (fall) extracurricular activities will be determined by the previous fourth quarter (June) report card.
- 9. Coaches and advisors are responsible for checking the eligibility list and notifying all students affected concerning their eligibility status (probation/ineligible) and emailing a list of those students to the Academic Support Study Hall Supervisor within the time frame specified.

10. Students in PM WeMoCo will report to ISS for the last 20 minutes of their lunch period in order to be cleared for practice and/or participation. (The ISS supervisor will report attendance to the Academic Support Study Hall Supervisor.)

PROBATION – STUDENTS CAN PRACTICE, COMPETE AND PARTICIPATE

- 1. Mandatory attendance at Academic Support Study Hall **every** school day whether there is an activity, practice or contest.
- 2. Academic Support Study Hall begins at 2:30 PM and ends at 3:05 PM.
- 3. Academic Support Study Hall Supervisor issues a Group Practice Pass and sends an email to the administrator of extracurricular activities and coaches of those not in attendance. The administrator will periodically check at practices to make sure we are in compliance.
- 4. A Student gives the Group Practice Pass to their coach or advisor. The Academic Study Hall Monitor emails the coach and the athletic director with names of missing students.
- 5. If the coach or advisor does not receive a Practice Pass from the student, the student will not be allowed to participate.
- 6. If academic requirements are met at the end of the 5 week probation period, the student is OFF PROBATION.
- 7. If academic requirements are not met at the end of the 5 week period, the student becomes INELIGIBLE.

INELIGIBLE

- STUDENTS CAN PRACTICE BUT CANNOT COMPETE OR PARTICIPATE IN EXTRACURRICULAR ACTIVITIES

- 1. Ineligible period lasts for a minimum of 10 consecutive school days from the day the student begins attending.
- 2. Students must attend Academic Support Study Hall every day for a 5 week period.
- 3. After the 10th consecutive school day, students may ask the Academic Support Study Hall Supervisor for a clearance form.
- 4. Students ask all teachers to complete the clearance form and then return the sheet to the administrator for academic clearance.
- 5. The administrator signs the clearance form and student returns to Academic Study Hall.

- 6. If cleared, students may practice, compete and participate, and must still attend Academic Study Hall every day for the remainder of the five week marking period.
- 7. If not cleared, student will remain ineligible for the next five consecutive school days and may request a clearance form again on the sixth school day.
- 8. The student may continue that clearance form process for the remainder of the 5 week period.
- 9. If academic requirements are met at the end of the five week period, the student is NO LONGER INELIGIBLE.
- 10. If academic requirements are NOT met at the end of the five week period, the student continues to be INELIGIBLE.